

INSTRUCTIONS FOR GASTROSCOPY / COLONOSCOPY

NAME: _____ **PROCEDURE:** _____
SURGEON: Dr. Phillips _____ **DATE:** _____
ARRIVAL TIME: _____ **PROCEDURE TIME:** _____

Arrive and Register at the Day Surgery Registration desk on Level 3

PREPARATION FOR YOUR PROCEDURE

- Follow instructions for preparation and fasting according to your surgeon.
- Due to privacy reasons **NO visitors** are allowed in the Day Surgery Endoscopy area.
- If you require assistance in decision-making or English is not your first language, please have an interpreter/family member with you through the admission process and remain at the hospital until discharge.

BRING

- Health card, eyeglasses with case, prescription medications in their original containers.

HOME MEDICATION/PRESCRIPTIONS

- Take your usual heart, blood pressure and seizure medications with a sip of water the day of your procedure.
- You may be instructed to hold diabetic medications/insulin and blood thinners prior to the procedure.

TRANSPORT/ RIDE HOME

- Please have a contact name and number of the person taking you home.
- **You must have a responsible person drive you home and be with you the remainder of the day, or your procedure could be cancelled.**
- **If you plan to take a taxi, you must have a responsible person accompany you in the taxi. You may not be alone in the taxi.**

DISCHARGE

- You will be discharged approximately 45min after your procedure from the recovery room.
- You will be given instructions as to when to eat/drink and any special diet you will be on after your procedure. You will be given instructions to book a follow up appointment if required, if not already done from the surgeons office.
- Rest the remainder of the day.
- **No driving or alcohol for 24hr after your procedure.**

GUELPH GENERAL HOSPITAL ENDOSCOPY POLICY

- No makeup, nail polish, jewelry (rings and piercing) or perfumes. Please leave all valuables at home.
- If you have a fever, cough or cold on the day of your procedure please contact your surgeons Office for instructions.